



LEARN FIRST MONTHLY: MARCH 2026

Everyone Is Happiest at Home – Including Pets

Pets support our physical health, emotional well-being, and social connection. We believe everyone is happiest at home – including shelter pets looking for a loving place to belong. Because of that, our Home and Community Based Services (Givens Choice and Givens Home First) programs will cover all adoption fees from March 16–21 at the Asheville Humane Society Adoption Center on 14 Forever Friend Lane, Asheville. If you've been thinking about adopting, this is a wonderful opportunity to welcome a new companion – and a little extra joy – into your life. Keep in mind that we can help you care for you and your furry loved ones!

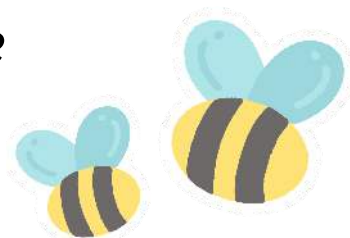


Welcoming New Ideas in Longevity & Brain Health

We're excited to be learning and growing alongside Taryn Tindall, our new Longevity and Brain Health Program Director for Givens Communities. Taryn has recently joined our Assessment Nurse on client visits, sharing ideas for activities that support cognitive vitality and meaningful engagement. She has already become a valued partner as we explore new ways to better support clients and caregivers. We're also beginning to plan our annual caregiver team retreat, and we're thrilled that Taryn will be joining us this year as our special guest!



“Life isn’t about waiting for the storm to pass, it’s about learning to dance in the rain.”



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